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Subject: "BHT results"

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[Dr. Arvind](#)

Member since Jun 23rd 2004
 1288 posts

Sun Nov-19-06 09:04 AM



"BHT results"

Sun Nov-19-06 09:13 AM by Dr. Arvind

Dear forum readers and fellow HT doctors,
 Body hair transplants are a valuable addition to hair restoration surgery. An increasingly larger number of grafts can be transplanted in addition to the previously available scalp hair.

In recent times, there has been a tendency to discredit the BHT results.

My request to all readers and fellow HT doctors is to see the result for what it is before trying to explain it away.

Till not long ago, the limitations of thin caliber scalp hair was known. If nothing else, remember to think of the transplanted body hair as a thinner caliber hair that is also shorter in length and slower in growth. With more numbers of single hair per graft.

What I see now is some readers and doctors explaining away any and all BHT results.

Most shrill among them always being the doctors who do not perform BHT themselves.

When shown results with the transplanted body hair mixed with scalp hair, they are quick to point out that the result may be due to only scalp hair growth.

When we show results with the body hair transplanted alone on a bald area, they say it does not look good/dense enough.

Need I point out that the body hair was never assumed to give as good a result as the scalp hair because of its inherent limitations.

In those results where they can not explain the hair growth away by the above 2 ways, they invoke the possibility of the improvement as having been due to the beneficial effects of medicines.

I have patients whose transplanted body hair growth I have been following for over 2 years in my own immediate family. I know that the transplanted body hair grows.

Were it not for that, the shrill anti BHT campaign may almost have discouraged me to the point of abandoning BHT.

It is an exasperating attitude and a regrettable state of affairs.

It is one thing to NOT be able to extract intact body hair. Some doctors, and techniques, can not.

It is another thing to say that there is some voodoo involved that ensures that the transplanted body hair will not grow on scalp.

An intact hair follicle will grow after being transplanted.

It may follow its own pattern of growth. It may retain its own characteristics in terms of hair cycles, length, caliber and color.

But it will grow. We have seen this on numerous patients. That is why we continuously try to devise ways to extract the thicker caliber hair. In some patients, these thick caliber hair may exist only in form of facial, armpit and pubic areas.

I suspect that the anti BHT campaign will become shriller in time to come. For various reasons.

My request to the readers is, please analyze each result keeping all factors in mind. Especially, when you see the result being criticised by another HT doctor who does not perform BHTs.

My request to the fellow HT doctors is to please see the advancement for what it is. Body hair is a valuable additional donor source that can give more complete hair restorations.

It is a valuable additional donor hair that can help repair many badly mutilated patients who lack scalp donor hair.

Regards,
Dr. A.

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[Dr. Arvind](#)

Member since Jun 23rd 2004
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Sun Nov-19-06 10:26 AM



#1. "BHT results - scientist"

In response to [Reply #_0](#)

Sun Nov-19-06 10:27 AM by Dr. Arvind

I will try to post results of bht patients on this thread.
One of them being Scientist.

Please note that body hair were used from the chest, abdomen, armpit, calves and thighs.
No scalp hair were transplanted and no pairing of single hair grafts was performed.
The grafts were transplanted throughout the scalp starting from the hairline and going to the crown, including into the scalp reduction scar. The aim was to fill in the previous transplant that he had recieved (3000 strip grafts) and to cover the crown.
Grafts were also transplanted into the strip scar.
A total of 8041 body hair grafts were transplanted.
No scalp hair grafts were transplanted.

Scientist has maintained a blog that records the progress of his BHT procedure.
Following are some pictures that we have taken from his blog and arranged. I have also placed some intraoperative pictures to show the graft placement.



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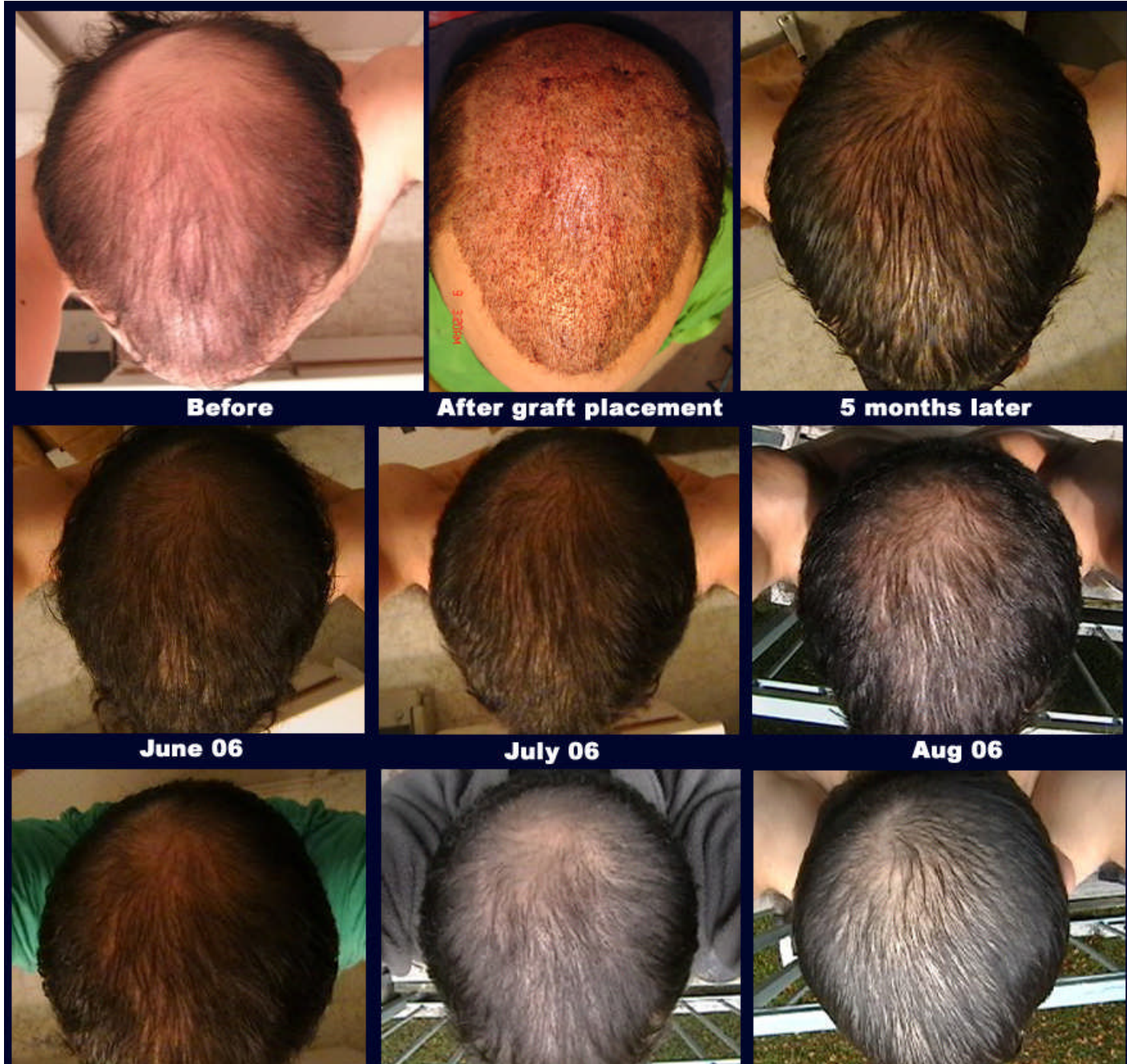
[Dr. Arvind](#)

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#2. "RE: BHT results - scientist (more pictures)"
In response to [Reply # 1](#)

Sun Nov-19-06 10:28 AM





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[notanewbie](#)

Sun Nov-19-06 10:36 AM

Member since Jan 11th 2005
741 posts



#3. "RE: BHT results - scientist (more pictures)"
In response to [Reply # 2](#)

Would it not be fair to disclose that the patient also started rogaine and possibly propecia post op?

I am uncertain about the propecia but, fairly certain about rogaine.

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[scientist8046](#)

Sun Nov-19-06 11:25 PM

Member since Nov 28th 2005
647 posts



#16. "balloonman - please stop trolling n/t"
In response to [Reply # 3](#)

lol 😊

my best fittest improv

but seriously, it's no secret that i started propecia a year pre-op and minox immediately post op

i say so in my post below

i don't think drA needs to repeat that

i tried minox before in high school and it didn't help

i also had lost of problems with the alcohol in Kirkland minox

i would be digging white stuff out of my hair for 30-45min in the morning, and i would be losing hairs in the process

i recently tried lipoxidil, and now i will start using the foam
does the minox or propecia help?
i hope it does or else i'm wasting my time, money, and effort
s

www.bodyhairtransplant.blogspot.com

<http://www.youtube.com/metedude>

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[xairyhay1](#)

Sun Nov-19-06 10:42 AM

Member since May 14th 2006
50 posts



#4. "Hair synchronizing"
In response to [Reply # 2](#)

Doc, it has been my understanding that transplanted hair commonly will have it's cycles synched... at least for the first few cycles. Have you seen this with BHT?

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[Dr. Arvind](#)

Mon Nov-20-06 06:19 AM

Member since Jun 23rd 2004
1288 posts



#20. "RE: Hair synchronizing"
In response to [Reply # 4](#)

Mon Nov-20-06 06:20 AM by Dr. Arvind

Dear Xairyhay1,
Yes, we have noticed that.
Multiple bht sessions carried out at different times, mixing the hair from different areas while transplanting them and pairing single hair bh grafts are some ways to offset this synchronisation.

One has to remember that each hair has its own unique hair cycle.
Therefore, taking hair that are close together in their growth phase will lead to times when more hair may be in telogen and times when more will be in anagen.
Regards,
Dr. A

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[Dr. Arvind](#)

Sun Nov-19-06 10:58 AM

Member since Jun 23rd 2004
1288 posts



#5. "BHT results - scientist (intraoperative pictures)"

In response to [Reply # 2](#)

Sun Nov-19-06 10:58 AM by Dr. Arvind

Following are some daywise pictures of the scalp recipient area minus the strip scar.




















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Sun Nov-19-06 11:03 AM



#6. "BHT results - scientist (strip scar pictures)"
In response to [Reply # 5](#)











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Sun Nov-19-06 11:08 AM



#7. "RE: BHT results - scientist (crown before picture)"
In response to [Reply # 6](#)



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[Dr. Arvind](#)

Member since Jun 23rd 2004
1288 posts

Sun Nov-19-06 11:11 AM



#8. "BHT results - scientist (body donor picture)"
In response to [Reply # 7](#)

Following is the picture of the chest donor area.
This area, probably, had the most robust donor hair in case of scientist.
The hair in the centre are untrimmed.
They show the characteristics of the chest donor hair before they were transplanted.



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Sun Nov-19-06 11:47 AM

Member since Apr 13th 2003

3892 posts



#9. "RE: BHT results - scientist (body donor picture)"

In response to [Reply # 8](#)

I think the problem is that when guys like myself look at the mega BH sessions, some of which have been posted, that have , in my opinion, negligible results and 7000 FUE looks like 1000 FUE.....at least I think to myself, why bother

if you compare side by side a body hair 3000 FUE with lets say a Strip FUE, most of the body hair FUEs, I have seen , even the best cases, cherry picked, are not even close to the strip results

now if you compare those to having no other option, and the guy is still bald, yes I guess that its better than nothing. Perhaps

or if you use Body hair to mix with head hair, yes it seems to work great especially in the hairline areas.

However , the results I have seen, when body hair is used totally as the only donor supply for the operation, Sorry to say , but the results do not look promising, I have seen far more results where the guy to me didnt even look like he had a transplant, after 6 months, than I have seen results like Scientist or Heliboy.

I think body hair has a lot of potential , as a supplemental hair donor supply, but the procedure is too new, there are not enough grown out results at this point to know how to choose good donor hair, and results on growth phases . We do not have any 5 year post ops results to look at for mega body hair sessions.

perhaps in 5 yrs or 10 , we will understand BH much more and look back and say, oh those first year or two patients got crappy results because of XYZ and we now know how to avoid that

but so far, using BH as a stand alone donor source, considering the results I have seen, up to this point, I am not too optomistic.

Hangin Daily Regimen

1)Maxi Hair by Country Life, 2/day

2)Kal... Amino Max 2(multi mineral) 2/day

DHT INHIBITORS(blockers)

3)Saw Palmetto extract 320mg standardized

4)Pygeum 500mg

5)Nettles Leaf Powder 500mg

6)Beta Sitosterol 100-200mg (Doctor's A-Z Form

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Sun Nov-19-06 01:21 PM

Member since Sep 29th 2006

73 posts



#10. "RE: BHT results - scientist (body donor picture)"

In response to [Reply # 9](#)



There are some work-arounds in light of the current state of BHT technology. I am optimistic because I only had approx. 1000 body hair grafts placed in the frontal area of my head and can see a substantial improvement at only 11 months post-op. Another reason why I am optimistic is, I have enough body hair for 2 or more full heads of hair. When I say "full", I am referring to this in transplant terms. 60-80 grafts per sq. centimeter. My body hair is as thick, or thicker than my scalp hair ever was.

Unless you have money to burn, don't just dive in if you only have questionable quality body hair. For most men considering using body hair, I recommend doing a test area. At 3-5 months, observe which placement density and grafting technique (lateral or sagittal slit) produces the best result. For me the sagittal slit has worked best at 36 per sq. cm. I believe this is because sagittal slits cause less trauma to blood vessels. It may be, that body hair is more affected by a diminished blood supply than scalp hair is. For me, the squares that were grafted at 80 per sq. cm. are showing poor growth so far. You never know though, these may just be slower.

As I look at the best growing test square on my head, I feel I can safely conclude that if the rest of my thin and bald area had coverage like this square, I would be 1 additional density-pass short of a full head of hair. By "full" I am referring to hair transplant appearance-of-density standards, not the teenager-with-no-hairloss, standard.

I need to get some pictures posted. I haven't forgotten, I've been too busy lately. I have been to Dr. Cole's a few times recently, but they have been extremely busy as well and I didn't feel there has been an appropriate time to ask them to take more photos.

Happy & Enjoying Life

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[dwig](#)

Sun Nov-19-06 02:43 PM

Member since Feb 19th 2006
38 posts



#11. "RE: BHT results - scientist (more pictures)"
In response to [Reply # 2](#)



Hey! Now I get it.
All ht shots are from the front.
Scientist's have all been from top.
I say, why not have a front money shot. The hair wer transplanted all the way to the hairline. Having a front money shot will give a better idea of the improvement.
No one looks at a man from top. Mostly they do from the front.

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[benji](#)

Sun Nov-19-06 08:53 PM

Member since Dec 19th 2005
813 posts



#12. "scalp hair signalling environment....."
In response to [Reply # 11](#)

Dr. A,

Ive seen it stated that when body hair is placed amongst head hair that it seemingly imporves the body hair. Wouldn't you think that transplanting the head hair at a certain ratio amongst the body hair would allow the body hair to recieve some of the postive singnalling mechanisms given off by the body hair?

Im of the opinion like the poster a few posts above.....if a man compares his head hair and his body hair, and his body hair follicles are big and thick like his head hair.....there is no reason the body hair should not grow just as well on his head (and probably better as the years pass). Especially considering that there are known, tested growth stimulats like minox and copper peptides.

By the way.....youre very right to suspect that folks like notanewbie are gonna log on and claim every good BHT result you, Cole, Umar, Jones, DHI, and others produce is the result of minoxidil or finasteride.

Just about every guy who would even consider BHT's has already tried those options, and if they worked that well.....they wouldn't have gotten a BHT.

Scientists is only at one year.....I'd expect him to have more hair in year two and three from the current transplant, and his body didn't even look exceptionally hairy to me. It will be interesting to see what a "bear-hairy" man can do who has the money to really pursue a lot and uses a scalp/bht mix up there.

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[Dr. Arvind](#)

Sun Nov-19-06 11:12 PM

Member since Jun 23rd 2004

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#13. "BHT results - topshiny"

In response to [Reply # 0](#)

Dear forum readers,

A case that illustrates the growth of transplanted body hair placed exclusively in an empty scalp area, is that of Topshiny.

Following are some pictures of his.

Topshiny had a 700 bht procedure carried out before scientist's bht was performed.

I think the pictures clearly illustrate the growth of transplanted body hair. I assure the critics that the growth is not due to minoxidil or rogaine.

That someone can actually try to explain away this result too is truly baffling.

The tendency on parts of certain doctors, not keen to perform bht, but ready to criticise it, shows the extent they will go to not have to evolve.

They will explain away everything.



Before



After



Top View (After 700 body hair grafts)

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=39715&mode=full

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[Dr. Arvind](#)

Member since Jun 23rd 2004

Sun Nov -19-06 11:14 PM



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#14. "RE: BHT results - topshiny (recipient area picture)"
In response to [Reply # 13](#)



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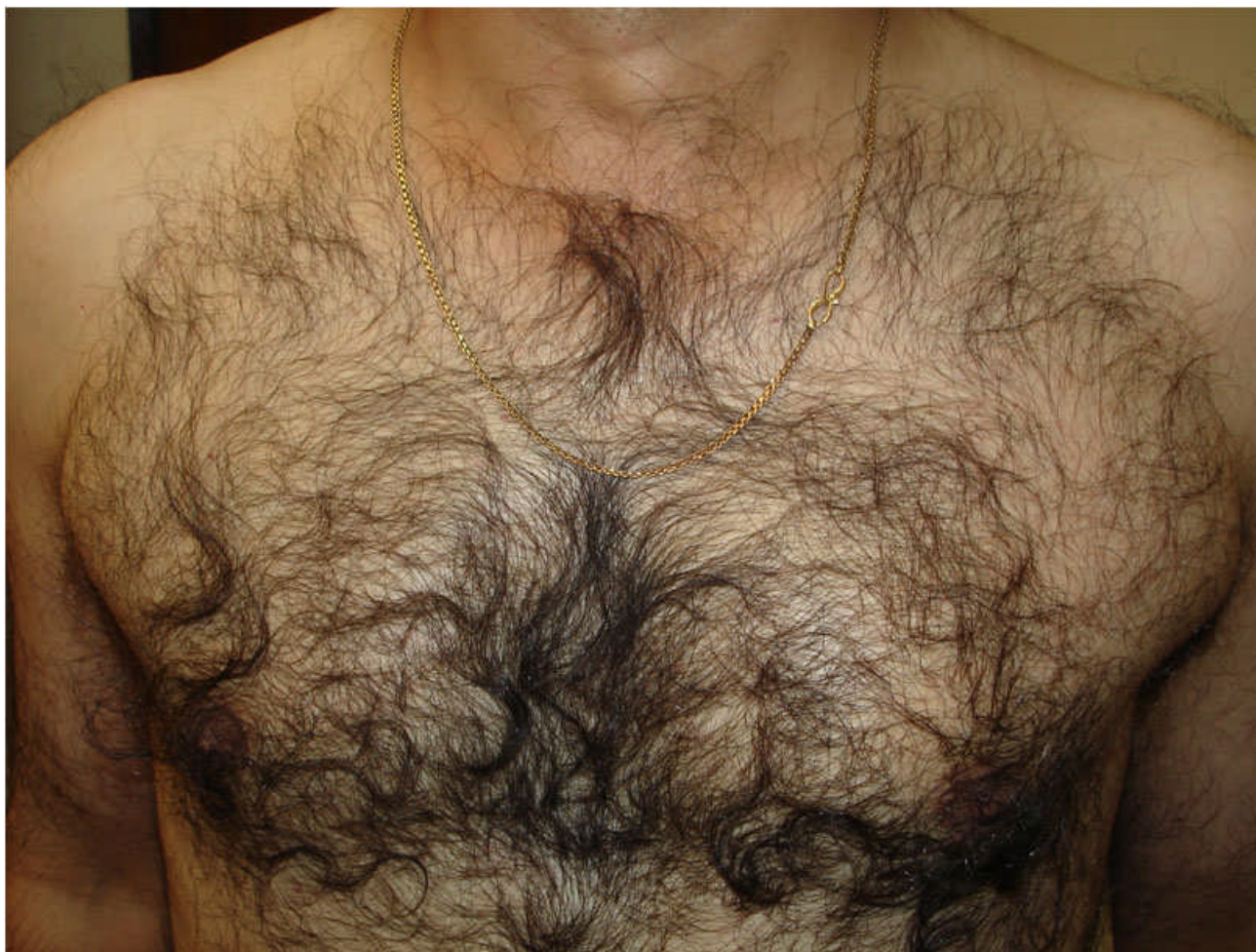
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Sun Nov-19-06 11:16 PM



#15. "RE: BHT results - topshiny (donor area pictures)"
In response to [Reply # 14](#)





Donor Area (7 months after)

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Mon Nov-20-06 02:17 AM

Member since Apr 13th 2003

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#17. "RE: BHT results - topshiny (donor area pictures)"

In response to [Reply # 15](#)*Mon Nov-20-06 02:20 AM by HanginInthere*

I think when 99 percent of posters do not have the quality of body hair this guy does, it makes no sense to post his results, we know guys like this would get some of the best possible results in body hair transplants, due to his available donor hair caliber.....

how does this help guys like me who have nowhere near that available hair to use for a body hair transplant

his BH transplant, even if the results turn out amazing, How does that apply to me? does that mean if his transplant turns out great, that it gives hope to guys like me ?,NOPE

unless someone has body hair like him, they cannot hope for a similar result. what percentage of guys have body hair like this guy?

Hangin Daily Regimen

1)Maxi Hair by Country Life, 2/day

2)Kal... Amino Max 2(multi mineral) 2/day

DHT INHIBITORS(blockers)

3)Saw Palmetto extract 320mg standardized

4)Pygeum 500mg

5)Nettles Leaf Powder 500mg

6)Beta Sitosterol 100-200mg (Doctor's A-Z Form

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Mon Nov-20-06 04:54 AM

Member since Jun 23rd 2004

1288 posts



#18. "RE: BHT results - topshiny (donor area pictures)"

In response to [Reply # 17](#)*Mon Nov-20-06 04:56 AM by Dr. Arvind*

Dear Hanginginthere,
That is why I have put the picture of the body donor area too.

The type of coverage a person can get will depend on the type of donor hair he has.
That is just as true for body donor hair as it is for the scalp donor hair.

Thin hair will give less coverage, thicker hair will give better coverage.

You are right in your conclusion in that respect.

However, to say that the transplanted body hair will not grow on scalp, as some claim, is wrong.

Regards,
Dr. A

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[Dr. Arvind](#)

Mon Nov-20-06 06:08 AM

Member since Jun 23rd 2004
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#19. "RE: BHT results - topshiny (donor area pictures)"
In response to [Reply # 17](#)
Mon Nov-20-06 06:13 AM by Dr. Arvind

Dear Hanginginthere,
We posted an update of a patient who went for a sample small session with us.
The hair grew but retained their own characteristic.
You can clearly see the finer hair as well as the coarser ones.

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=27946&mode=full

Even today, sometime ago, a former patient visited us. He had got a small bht session performed 3 years ago (besides scalp hair transplants). The hair were growing but had not changed their original characteristics.

When opting for bht, one should not bank upon the hair changing its characteristics. We have observed that in only a small %age of patients.

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[Dr. Arvind](#)

Mon Nov-20-06 10:04 AM

Member since Jun 23rd 2004

1288 posts



#21. "BHT results - Newmane"

In response to Reply # 0

Dear forum readers,

Newmane's bht result was one of those where the transplanted body hair did take on some scalp hair characteristics, viz., in terms of increased length.

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=47192&mode=full

His result was not a sole product of medicines. He had been taking Minoxidil and propecia off and on for 10 years before his bht.

The areas where he noticed thinning were the ones that we had not touched the last time and on the edges of the non balding areas of occiput.

If the medicines had contributed to the improvement that area would have benefitted the most.

This picture shows where Newmane noticed the thinning. The blue rectangles show those areas.



Crown area buzz cut oct. 2006

The picture below shows where the hair were transplanted this time.



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Member since Jun 23rd 2004
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Mon Nov-20-06 10:22 AM



#22. "RE: BHT results - Newmane (2005 recipient area pictures)"
In response to [Reply # 21](#)

The following are some pictures taken intraoperatively when Newmane had visited us the first time for his bht in May 2005.







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[Dr. Arvind](#)

Member since Jun 23rd 2004

Mon Nov-20-06 10:24 AM



1288 posts

#23. " BHT results - Newmane (body donor area pictures)"
In response to [Reply # 22](#)





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 [Attachment #2, \(jpg file\)](#)

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[Nick_UK](#)

Member since Sep 10th 2006

13 posts

Mon Nov -20-06 12:07 PM



#24. "RE: BHT results - Newmanc (body donor area pictures)"

In response to [Reply # 23](#)

Dr A,

What is the best type of body hair to place in to an eyebrow scar please?

Also is this done via the "slit" technique so as to make the recipient scarring as minimal as possible?

Many thanks

Nick

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[Dr. Arvind](#)

Member since Jun 23rd 2004

1288 posts

Fri Nov-24-06 08:35 AM



#28. "Nick"

In response to [Reply # 24](#)

Fri Nov-24-06 08:39 AM by Dr. Arvind

>Dr A,
>
>What is the best type of body hair to place in to an eyebrow
>scar please?
>
>Also is this done via the "slit" technique so as to make the
>recipient scarring as minimal as possible?
>
>
>Many thanks
>Nick

Dear Nick,

There are individual variations and the prospective patient should single out the hair that resembles the eyebrow hair as closely as possible.

In some people, it may be the fine calibre hair on calves, while in others, like the case presented at this link, different donor area hair may have to be used.

http://www.hairsite4.com/dc/dcboard.php?az=show_mesg&forum=12&topic_id=48483&mesg_id=48483&page=

It will be difficult to always get an exact match for the eyebrow.

Most of the hair will grow longer than what the eyebrow hair does.

Or, they may have different hair cycles.

Therefore, one must deliberate before choosing the precise hair to be used as the donor.

The hair grafts are always transplanted into slits.

The slits are made at a very acute angle to resemble the angulation of the naturally occurring eyebrow hair.

Regards,

Dr. A

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[V](#)

Tue Nov-21-06 09:27 AM

Member since Oct 21st 2005
238 posts



#25. "RE: BHT results"

In response to [Reply # 0](#)

Tue Nov-21-06 09:52 AM by V

There are more results of bht posted at the thread documenting our clinic's results.
For those wishing to study the results, please visit

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=30179&mode=full

Unfortunatelybald, Topshiny, boomboom, scientist, magneto, IP are some of the cases where body hair was transplanted alone in a bare scalp.

Besides, many small sessions of body hair transplant have been performed over the years.

Anyone with a familial predisposition to extensive hairloss opting for a strip/scalp FUSE is given a complimentary bht sample session (if he is willing). That way the patient can evaluate the growth of the body hair firsthand and plan for any future requirements.

Here are some threads posted over the years showing bht growth in different patients.

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=35623&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=35319&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=48370&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=38120&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=39360&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=46081&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=27946&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=38120&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=45372&mode=full

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http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=34204&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=46717&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=34770&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=31847&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_mesg&forum=12&topic_id=29108&mesg_id=29108&page=

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=29313&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=28790&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=28698&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=30086&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=27946&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=29854&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=24557&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=41164&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=44779&mode=full

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=43945&mode=full

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V

Member since Oct 21st 2005

238 posts

#31. "RE: BHT results"

In response to [Reply # 25](#)

Sat Dec-16-06 10:52 AM by V

Boomboom 8 month after first session.

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=48370&mode=full

Scietist's 1 year update.

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=48142&mode=full

Beard hair grafts (fueoptions) - 8 months update

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=47318&mode=full

Newmane's 4300+ BHT (17 month update)

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=47192&mode=full

150 bht into eyebrows - 22 months update

Sat Dec-16-06 10:25 AM



http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=48483&mode=full

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[Dr. Arvind](#)

Fri Nov-24-06 07:14 AM

Member since Jun 23rd 2004
1288 posts



#26. "RE: BHT results"
In response to [Reply # 0](#)

Dear forum readers,

We have followed up various cases of BHTs performed at our clinic.

Following is a picture of one such patient.

The patient volunteered for transplanting scalp hair in an identifiable area on the crown using black hair from the scalp donor area almost 3 years ago.

Thereafter, he underwent another test session. This time using the black body donor hair (2.5 years ago).

The blue arrow points to the transplanted scalp donor hair.

The yellow arrow points to the transplanted body donor hair.

The after picture (left), was taken 1 year after the BHT.

We have been following this patient's progress closely for over 2 years since his bht.

The hair have grown (the scalp as well as the body donor hair).

There is a cyclical variation in the amount of coverage that the body hair provide. The body donor hair have grown longer than in their original location, but not as long as the scalp donor hair.

The color of the transplanted hair has not changed.

More details later.



A few conclusions till now.

1. The transplanted body hair grows.
2. Is it going to give the same coverage as scalp hair? - Depends on the characteristics of the transplanted body hair and on the hair cycles.

Body hair is a valuable additional donor available to patients.

Patients who have good, robust body hair are, of course, the prime beneficiaries.

Even for other patients, FUSE/fue techniques are continuously improving to open up more sources of donor hair. Facial hair, for example.

It is a given that the HT doctor will have to individually analyse each case and use the available donor to best effect.

Just as they would for people with different scalp hair characteristics.

(A person with thick calibre, curly scalp hair will get better coverage than one with thin calibre straight scalp hair. Similar principles will apply when the body hair are used - alone or in conjunction with scalp hair).

Regards,
Dr. A

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[TheFittest](#)

Fri Nov-24-06 08:26 AM

Member since Mar 06th 2005
589 posts



#27. "Attn: Dr. Arvind"
In response to [Reply # 26](#)

Dr. Arvind,

Good post. One realizes that people are impatient and, alas, sometimes not very bright. BHT is a revolutionary expansion of the donor. It gives hair where there was none before. It is therefore a major and striking advancement in HT.

The coverage value of a BHT hair is determined by its diameter. That is true of every hair. People rush the timelines on HT growth. Hair is traumatized when it is moved. The scalp is an unfamiliar environment for body hair.

Therefore, it will probably take quite a while for BHT to come to its full fruition in any given case. And b/c many BHT are singles and doubles, and, moreover, of lesser diameter than most scalp hair, it will take *many* more grafts to be comparable to an equal number of scalp grafts.

But BHT is a superb and precious advancement. I'm glad that you don't allow the *unthinking* pessimism regarding this NEW DONOR SOURCE to affect your practice.

Best,
TheFittest

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Mon Nov-27-06 10:23 AM

Member since Jan 23rd 2003
33 posts



#29. "RE: Attn: Dr. Arvind"
In response to [Reply # 27](#)
Mon Nov-27-06 10:27 AM by jk

Great Post of information and pictures doctor Arvind.

Detailed clear before and after photos of clear growth of BHT is needed to sway the masses. Post's like this should be locked at the top, showing what conclusive evidence we have today of new hair transplant techniques and protocols (BHT in this case),

Dr Arvind we have now seen a few small size and low graft densities BHT results grown out. What has still to be shown in my opinion is dense packing BHT grown out results.

Now im talking clear small 1cm test patches, before and after of maximum graft densities vs hair densities on a bald scalp. Some with high grafts per square cm(100 grafts sq/cm), but low grafts per unit(1 hair per unit/graft) and vice versa. Also From low hair density per cm(30 hairs per square cm to 150 hairs per cm).

Doctor these 1cm test patches could be done in the crown of one or two significantly bald patients and then in 6 months to 2 years we will all have the final answers on maximum hair growth possibilities with hair shaft growth , as for most of the world today i believe that cost as well as total BHT and hair graft count are the limiting factor now in hair restoration, now that BHT is a viable growth option.

The fittest , great summation of the potential benefits and limitations of BHT.

Like all HairTransplants i believe their are 4 main things that contribute to "perceived" scalp density or coverage (ie. ability to stop light hitting the scalp- hence a thinning or bald look).

1) Number of hairs on your head (particularly the top where the light hits through the hair)

- 2) Thickness of each hair
- 3) Skin colour vs Hair colour contrast.
- 4) Area of your scalp.

Due to these factors i believe the centre top part of the head (parting line down the middle) due to the curvature and the light need maximum hair density as well as the frontal hairline.

But the variables that come into play is that everyone has different follicular unit distributions, hair follicle densities(no of hairs per follicular unit) and hair shaft diameters . So basically some may have the same number of individual hair shafts reaching the "day light" per say, but they may have come out of a totally different hair root ratio (number of hairs per follicular unit and unit spacing). And some may look sparser or "pluggier" because of the space between grafts. This i believe is the key reason Why FUE and today's strip results are so effective and not very detectable , as it has enabled doctors to plant grafts in individual units very close together ~ 1mm or less.)

As most people have theorised the amount of hairs on the top of your head that are affected by MPB as a nw6 could be up to 100,000 hairs !!

So with today's limited hair resource (non BHT), whatever we do we are still not transplanting enough grafts and enough hairs per graft on average to get anywhere near "Natures" density when you were born.

So basically i admire doctors like Arvind who are pushing the BHT envelope as a source for more grafts to get "better" results when head hair is not an option anymore. "Better" because any hairs are better than none or sparse head hair ! and since BHT are usually thinner diameter, lower hairs per unit, slower hair cycle/growth, you would imagine that you would need significantly more grafts or hairs per graft to get the same density as head hair.

Dr Arvind i would suggest to yourself and others for this reason using "graph counts" is not an accurate way to gauge the results of a procedure. I think its good for "costing" a procedure but not of the expected coverage of the final hairs.

For this i would suggest we have to start talking real world numbers the cold hard facts basically that we need a lot more hair than today is being transplanted). A mathematical model based on your scalp area, MPB affected, and non affected hair counts(follicular unit size, unit's per sq/cm, hair shaft diameters etc.).

Then we would say a patient can afford a 3000- graft procedure. And the average transplant density achievable from the doctors experience by cherry picking the good grafts is 2.5 hairs per unit. and with this patients particular hair shaft and unit size the doctor predicts the maximum number units he can place per square cm. Minus some transections and follicure unit % deaths, What you would get is a simple % of how much you could increase or imitate natures densities and basically not give false hopes to patients and give them, realistic scalp coverage % figures. Hence for the internet and other media the best way to gauge coverage before and after would be: numbers of BHT grafts transplanted per cm *Hairs per graft/unit * (average transplanted follicle unit diameter/ average original head hair diameter)

Then you can divide this by the original density to get forecasted /natural and original "coverage" %

We must also keep in mind with all transplants that the follicular unit spacing of the grafts should resemble natures groupings for the individual in the specific area before MPB . Sparclly spaced thick calibre and high hair count per graft is the biggest HT giveaway.

In summary if we

- a) can prove BHT dense packing grown out results can achieve above say a certain hypothetical "golden figure(ie. "wow")" of say 2.5 hairs per unit and 60 grafts /cm grown out.
- b) And BHT and head hair FUE transplant doctors can significantly lower their prices by using trained staff without a detriment to growth.

MPB could be a non issue for all of use with ample body hair in the next two years if the BHT doctors work together not against each other or if Dr Arvind recieves some financial guidance and backing to expand his operations(trained staff) with the aim of reducing cost's per graft as we need a lot more grafts than we are presently doing today.

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Wed Nov-29-06 06:31 AM

Member since Jan 23rd 2003

33 posts



#30. "RE: Attn: Dr. Arvind"

In response to [Reply # 29](#)*Wed Nov-29-06 06:56 AM by jk*

Actually one more thing i forgot that could be pretty important !

The reason i believe testing on the maximum density potential of BHT is vital because there is a possibility the more I've been thinking of it, that it may be possible that the follicular unit distance between each unit may also be programmed into the follicle to some extent by genetics- like the anagen/catagen growth cycle, diameter, curliness etc. differences between body hair and head hair.

The reason being hair is just part of the skin. And the action and interaction with the skin and the surrounding hairs must have some kind of feedback so hairs become spaced out evenly on any part of the body and hence can "tell" how close other hairs are. Have a look at your body hair and you'll notice that hair follicular units are randomly distributed but... the key here is there is never one hair exactly next to another!! in other words they all have a minimum distance between each other. And head hair is obviously a lot closer together between the units as well as higher hairs per unit.

Then we come to beard hair which would be a very good option as they are spaced closely and very high growth rate.

I like to think of hair follicles like a tree, since they are nature like us after all. The more you feed them the more fertilizer you feed them the more they grow (minoxidil) , the more poison you feed the more you hamper their grow and possibly kill them(DHT, inflammation etc.) And trees have roots under the ground as hairs have the bulb under the skin. Where im getting at basically is that you never see two trees growing right next to each other in nature !! They would be spaced out based with the limitation of closeness based on their canopy diameter and root area diameters. There is feedback in the system, in that basically there is no nutrients under that tree for another similar tree to grow.

This is only a theory that i am proposing but i believe it has to be tested and proved by a trial to not be true, if it is, it could explain why high graft count BHT have not been successful to date and hence maybe putting two BHT grafts in one slit may not be beneficial either.

If this is true its not the end of BHT, the solution would simply be mixing 50/50 the head or beard hair with Body hair and making sure adjacent hairs are not body hair, this will also make the shorter growth rate BHT hairs not stand out as you would have long head hair around them, this will have a drastic cosmetic difference because i believe that is still the limiting factor that makes transplants "look" funny. Because if you look closely at the scalp the hairs are really long and thick but the scalp is still visible. On non MPB areas you have a mix of long terminal hair and small new hairs coming out which help cover the scalp.

I would like to here your comments.

p.s If this theory proves to be correct and it can be solved by not having BHT closer together then their origin, Could i please have some doctor fix my hairline for cheap as im actually quite broke today and loosing my hair !!

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Member since Jan 19th 2003
1038 posts

Sat Dec-16-06 05:10 PM



#32. "RE: Attn: Dr. Arvind"
In response to [Reply # 30](#).

I am pleased that doctors are still trying, but I think BHT results so far are inconsistent and mediocre at best. Unless you have very thick body hair it seems virtually pointless, not only do you get very poor coverage, it seems you usually get poorer yield with thinner body hair as well. That is a grim double whammy 😞

Not what I want to say or indeed what any of us want to hear, but in my view that is the state of affairs at the moment.

If you disagree with my opinion I do not mind - I am not paid to post here and I am not a missionary.

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Member since Oct 21st 2005
238 posts

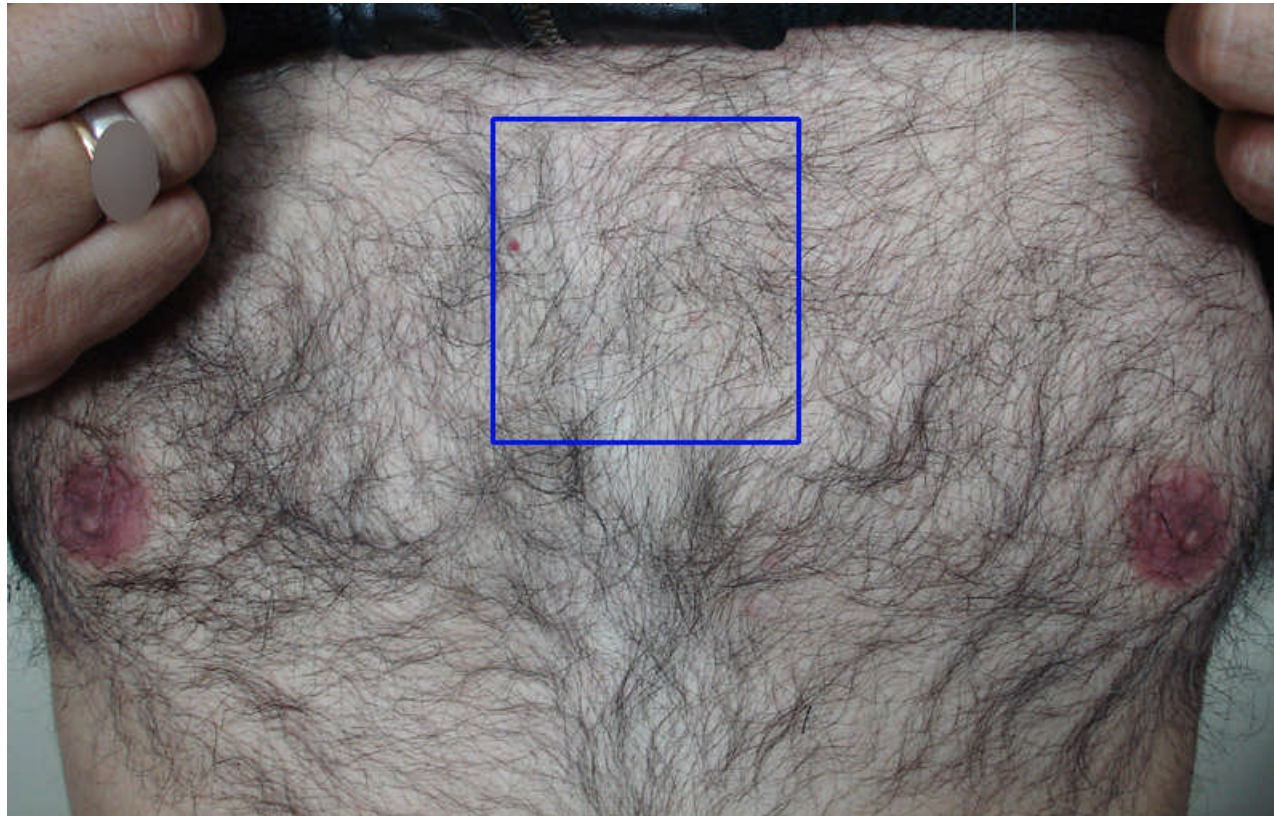
Sat Jan-27-07 08:30 AM



#33. "Some BHT results"
In response to [Reply # 0](#).

Following is growth update of a patient who had a 4200+ FUHT procedure and a complimentary BH test session. Chest hair were used.
Details can be read at the following link.
http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=50886&mode=full





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[v](#)

Sat Jan-27-07 08:43 AM



Member since Oct 21st 2005
238 posts

#34. "beard hair"

In response to [Reply # 33](#)

Sat Jan-27-07 08:44 AM by V

The following thread features the poster checkin's experience following his beard hair graft extraction.
The comparative picture of the beard and body hair grafts is very informative too.


There are also pictures documenting the healing of the facial donor areas.

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=50731&mode=full



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[V](#)

Mon Mar-05-07 09:33 AM

Member since Oct 21st 2005
238 posts



#35. "Schmoe, Farscalpe (bht + scalp) & more results"

In response to [Reply # 34](#)

Mon Mar-05-07 09:58 AM by V

You may read Schmoe's update at the following link.

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=50562&mode=full

<http://hairsite.com/serendipity/authors/10-Schmoe>

Topshiny hascontinued with his BHT only procedures and one of the update is available at this link.

http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=50530&mode=full



Topshiny's 6 month update videos (only bht) are available at the following link.
http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=50209&mode=full

Topshiny's additional info
topshiny@gmail.com
<http://hairsite.com/serendipity/authors/17-Topshiny>

Farscalpe's update (5900+ grafts) is available at this link.
http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=50321&mode=full

Schiller

Schiller's 7 months post op results. BHT + scalp, 2139 grafts (including 616 scalp grafts)
Details available at the following link.
http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=49760&mode=full

Sphins's 7000 fine hair BHT - 1 year update available at the following link.
http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=52052&mode=full

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#36. "A discussion on BHT"
In response to [Reply # 0](#)

Dr. A's compilation of his experience and opinions on BHT is available at the following link.
http://www.hairsite4.com/dc/dcboard.php?az=show_topic&forum=12&topic_id=52071&mode=full

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